

West Nile virus kills six  
in Russia pg 2

Alzheimer's Workshops with  
Robert Koester pg 3

Juliana Kelly is the happy  
winner of ticket to NY pg 5

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Wednesday, August 25, 2010

# THE MORNING NEWS

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## Aruba's World Champion Ballplayers receive a warm welcome



For the first time in the 50-year history of the Senior League World Series, the eldest division of the International Little League, the team from Aruba took the title as World Champions. For the second consecutive year, Aruba had won the regional championship, representing the Latin American region in Bangor, Maine at the Shawn T. Mansfield Stadium, built with a donation by the town's

most famous resident, best-selling author Stephen King. Only three times previously has the Latin American Champions won the World Series; twice by teams from Venezuela and in 2006 by the team from Curacao.

After coming home last year in third place, a great accomplishment for the team from the "Little Island-Big Heart" as described by one sport writer, this year's team



was determined to bring home the title. They were met at the Reina Beatrix Airport with tearful hugs and kisses by their proud compatriots, and then transported throughout the island to be congratulated by one and all, before being taken back to their homes in San Nicolas.

A special stop was made at Paseo Herencia Mall in Palm Beach, which was a major sponsor in their fundraising to travel to the World Series, and which sports a "Wall of Fame" dedicated to the team.

Jermain Manuel, Ray-Patrick Diddier, Jiandido Tromp, Mitchell Martes, Jose-Luis Gonzalez, Shawn Duinker, Milton Croes, Jr., Albertico Noguera,

Richinell Matos, Abraham Taveras, Juan Carlos Moncion, Marvin Brown, Miklos Petronia, Mark Danies, Chadwick Tromp, Dwayne Luidens, and their coaches and manager Milton Croes,

Rayborne Diddier and Gregory Manuel trained hard, earning the honors heaped upon them by their government and fans.

by Rosalie Klein



Fans from San Nicolas, Aruba, play music and dance on the sidewalk near Mansfield Stadium in Bangor Saturday after their team defeated Bangor.



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## Mexican beauty crowned Miss Universe

LAS VEGAS, Nevada (AFP) – Mexico's Jimena Navarrete was crowned Miss Universe Monday night in an upset victory that stunned a pageant world which had predicted a winner to emerge from Ireland, Venezuela or the United States.

The 22-year-old from Guadalajara, resplendent in a flowing ruby-red evening gown, has been modeling since she was 15, but nothing could quite prepare her for her moment of glory.

"I did feel surprised, I just went blank," the brunette beauty said of her crowning achievement. "There was nothing going through my mind. I was in a state of shock."

Beyond the diamond-encrusted tiara affixed to her head when the announcers declared she had triumphed over runner-up Miss Jamaica, Yendi Philipps, Navarrete receives a one-year scholarship to the New York Film Academy, and a year's supply of shoes, dresses and hair products.

Her coronation -- which

earned her a congratulatory message on Twitter from Mexican President Felipe Calderon -- ends the reign of outgoing Miss Universe 2009 Stefania Fernandez of Venezuela.

Navarrete, who says she plans to study nutritional science, is expected to spend her year as Miss Universe drawing attention to the plight of people with HIV/AIDS and breast cancer.

Photo shows Jimena Navarrete wearing her Miss Universe crown and sash



## West Nile virus kills six in Russia

MOSCOW, Russia (AFP) - Six people have died and over 130 have been infected in an outbreak of the West Nile virus in central Russia, where at least two million people are at risk of catching the mosquito-borne disease, officials said yesterday.

The Russian public health watchdog Rospotrebnadzor said that 116 cases of the West Nile virus have been registered in the Volgograd region since July 16.

Another 22 people have contracted the virus in the nearby Rostov region, and one of those people -- an elderly man -- died, Yevgeny Kova-

lyov, deputy head of the watchdog's branch in the region, told AFP. The number of infected people was higher than last summer but added that an increase in numbers was due to a cyclical nature of the infection.

In Russia it has been previously registered in the Volgograd, Rostov and Astrakhan regions but officials say the infection may be spreading.

Weather conditions in the Volgograd region coupled with migrating birds nesting in the Volga delta in the summer have facilitated the spread of the disease in the region over the past decade.

## Dutch seize 40 million euros of cannabis

THE HAGUE, The Netherlands (AFP) - Dutch police said yesterday they have seized nearly seven tons of cannabis worth an estimated 40 million euros (50 million dollars) in a raid in a warehouse outside Amsterdam.

A 35-year-old man who is the suspected trafficker and the man who rented the Nieuw-Vennep warehouse have been detained over the cannabis,

both leaves and resin, which were found in ready-to-sell packages hidden in cardboard boxes in a container.

"The investigation is continuing. We don't exclude making more arrests," said Amsterdam police spokeswoman Claudia van Zanten.

She could not specify the origin of the drugs, which were seized in an August 17 raid.

## State media: 43 dead in China plane crash

BEIJING, China (AFP) – A Chinese passenger plane crashed and burst into flames while attempting to land in northeast China yesterday, killing 43 people on board, state media reported.

The Henan Airlines plane overshot the runway while trying to touch down at an airport in the city of Yichun in remote Heilongjiang province, the official Xinhua news agency said.

Hua Jingwei, an official with the Communist Party in Yichun, told Xinhua that 43 bodies had been recovered from the wreckage and 53 survivors taken to hospital for treatment.

Hua said the plane broke into two pieces as it approached the runway, Xinhua reported, and some passengers were thrown out of the cabin before the jet hit the ground.

There were 91 passengers, including five children, and five crew on board, Xinhua said, citing a source at the Civil Aviation Administration of China (CAAC).

A spokesman for the constructor said the company did not yet have "an official position" on the accident.

The cause of the crash was still unclear and work teams searched through the wreckage for the plane's black box flight data recorder

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## Van der Sloot case: Peruvian authorities need Dutch translator

LIMA, Peru -- Legal proceedings against murder suspect Joran van der Sloot have ground to a halt because Peruvian authorities are unable to find him an interpreter, it was reported.

Van der Sloot's lawyer told a Peruvian TV station that neither the Dutch Embassy nor the country's courts could find anyone capable of translating from Dutch to Spanish.

Maximo Altez said the case against his client -- accused of murdering 21-year-old student Stephany Flores

-- was stagnating while authorities struggled to solve the problem.

Panamericana Television showed a letter from Peru's national association of translators confirming that none of its members are capable of translating from Dutch to Spanish.

Dutch officials confirmed in the wake of the interview that the country's embassies can recommend translators but do not supply them directly.

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## Alzheimer's Workshops with Robert Koester begin at the Westin Resort



L.-r. Robert Koester, Minister Arthur Dowers and Mrs. Melva Croes-Yanez

Five days of intensive training dedicated to search and rescue (SAR) procedures for dementia victims commenced yesterday at the Westin Aruba Resort. Fundacion Alzheimer's Aruba, headed by Melva Croes-Yanez organized the event, and Aruba's Minister of Justice and Education, Arthur Dowers, officially opened the sessions and welcomed the guest instructor and facilitator from the U.S., Robert Koester.

Mr. Koester is a pioneer of specialized SAR for lost persons due to Alzheimer's and dementia, who are prone to wandering. A SAR volunteer since 18, he obtained his Bachelors and Masters Degrees in Biology with emphasis in Neuroscience and Neurobiology from the University of Virginia in 1985 and 1989, continuing to be involved with SAR teams during his education and early career. "When I started there really wasn't a good description for those with dementia, it was categorized as "elderly," anyone over the age of 60," he commented. "This included the 61 year old marathon runner as well as person with de-

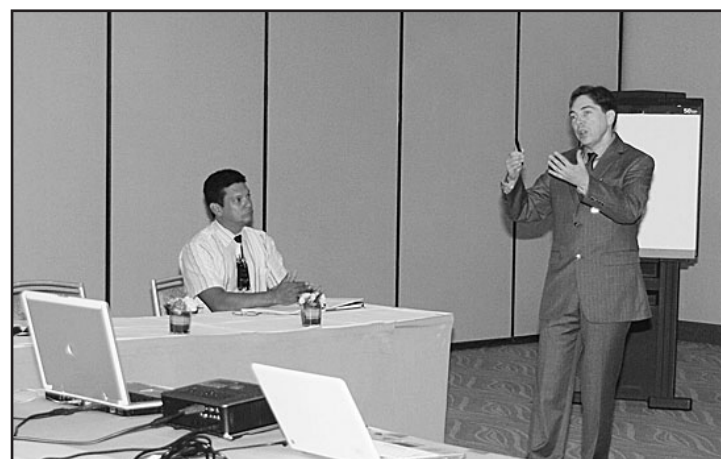
mentia, which just didn't make any sense to me. When I completed my Masters, I decided to do my own study."

"I was pretty much the first person to document and describe the dementia profile for SAR," explains Mr. Koester. Working in Virginia, most searches were for children, "despondents," and dementia. For the past 3 years, this final category has outpaced children as the most common search subject. "I was starting to develop an intuitive feel after several searches for dementia victims," he recalls, "and I developed a rule of thumb-looking at a topographical map. I realized most that had been found were located within the distance of my thumb from the place they had been seen last."

When Mr. Koester received a phone call in the middle of the night from a search party in which he was not involved and was asked the actual length of his thumb, he realized it was time to formalize his findings and publish. His book, "Lost Person Behavior" is a standard for SAR operations around the world. He is now CEO of his

own consultancy, dbS Productions LLC, has held the position of Technical Instructor/ Principle Investigator for the Virginia Department of Emergency Management since 1988 as well as served with the Federal Emergency Management Agency out of Philadelphia since 1999, regularly contributing his expertise to searches in five states.

Presently, Virginia handles about 40-50 incidents per year of dementia searches alone. The term Alzheimer's is broadly used today to describe those with dementia, though not all have Alzheimer's. "Fortunately, the behavior for elderly dementia, what ever the cause, is, for our purposes, essentially the same," stated Mr. Koester. "With proper preliminary investigative techniques, we have a very high success rate, finding those lost within a few hours; presently I would say it is about 78%, which is a 50% increase since I began formalizing my findings." Another important element for dementia SAR is pinpointing where they are in the past, mentally, as many lost individuals will return to locations that are significant to that time, where they lived perhaps decades past. Immediate imperatives for searchers is establishing the last sighting, what they lost person was doing at the time, the severity of their dementia and if there are any physical ailments which will affect their behavior, to expedite a proper search. It is very helpful to have a basic SAR team established, which organizes the incident, and a proper search would require anywhere from 12 to 100 volunteers depending on the size of the search area and the charac-



Robert Koester lecturing

ter of the terrain.

Regarding prevention, people should not be afraid to discuss a family member's condition with friends and neighbors," recommends Mr. Koester. "Having the community aware of the possibility they may be wandering can spare families a great deal of anxiety. Unfortunately it is still quite common in the U.S. for it to be associated with mental illness, which it is not, and so then it is kept secret. The more eyes that are out there looking out for each others, the more incidents that can be quickly resolved. I am certain those attending the workshops will take away a multitude of helpful tips regarding prevention; those with official agencies such as the

police will enhance their techniques of how to prepare and respond."

Mrs. Croes-Yanez claimed she had been waiting seven years for Mr. Koester to present his workshops on Aruba, while Minister Dowers recognized the importance of the program from the FAA. He acknowledged the workshops could be of great assistance in searches of all kinds, as it is quite imperative that lost persons on Aruba be found quickly, "as they could possibly end up out to sea, and so be lost to us forever."

The week consists of 3 programs, and there is still time to inscribe in a one-day workshop.

by Rosalie Klein



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## A wedding on the beach at sunset on paradise Aruba



"One Happy Island".... a dream come true for Victoria McGowen and Joseph Akers of Peterlee, England. Their relationship began as just good friends 11 years ago, but during Christmas of 2008, the unexpected miracle of love happened, and wonderfully the path of their lives changed. They have been inseparable since.

A few months ago they booked their wedding with the Tamaryn Hotel and hired photographer, Diane Keijzer to capture the moments of their wedding day as it unfolded. The afternoon started at Aruba's Historic Civil House where they legally became Mr. and Mrs. Akers, and then on to the beautiful pristine Divi beach for a very special blessing, surrounded by family and friends, as the sun set on the horizon.

Caroline Visser of Aruba Weddings for You orchestrated this lovely celebration day from start to finish that ended with a delicious dinner on the beach at the Divi Phoenix Sunset Bistro





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## Marelvís Vega is the lucky winner of Mini Mega millionaire jackpot

### Walks away with the Afls. 1,500,000



Friday 13th is considered by all a day of bad luck, but not for Mrs. Marelvís Vega; she won the Mini Mega millionaire jackpot on Friday the 13th. As always, Mrs. Vega went to buy her lotto to be in

the game. Normally she buys 2 Mini Mega with her customary numbers, which are combinations of important days in her family.

She did not know she won the Mini Mega jackpot, so

imagine her surprise when she went on Friday, August 13, to buy her Mini Mega lotto and at the same time check her tickets from the previous game. The winning numbers: 11-16-20-28 and

#### Mega Ball 05

At first, Mrs. Vega was ecstatic, but then in shock not believing her luck; she called the Lotto pa Deporte office to confirm the winning numbers.

When asked what she will do with her millionaire prize she answered: buy a house, invest some of the money, cover the studies of her children and travel to places she always wanted to see.

Lotito congratulates Mrs. Mirelva Vega and her family with her millionaire prize and thanked her for her support of the foundation.

The Fundacion Lotto pa Deporte would also like to congratulate our SENIOR LEAGUE WORLD SERIES WORLD CHAMPIONS. With healthy sports and stimulation we can create world champions among our youth. In the name of Fundacion Lotto pa Deporte: Congratulations and Thank You!

Tonight there will be another drawing of the Lotto pa Deporte with an accumulative prize is Afls. 245,000. Make Sure you are in the game.

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late show:

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daily: 5:45 - 8:30

matinee: 12:15 - 3:00

late show: 11:15

##### STEP UP 3D

daily: 6:45 - 9:00

matinee:

late show: 11:30

##### GROWN UPS

daily: 4:45 - 7:00 - 9:15

matinee: 12:00 - 2:30

late show: 11:45

##### THE EXPENDABLES

daily: 6:00 - 8:30

matinee: 1:15 - 3:30

late show: 11:00

##### SALT

daily: 8:45

matinee:

late show: 11:00

##### DESPICABLE ME 3D

daily: 4:30

matinee: 12:00 - 2:15

late show:

##### INCEPTION

daily: 4:45 - 8:00

matinee: 1:30

late show: 11:15

#### AT PASEO HERENCIA

##### CATS & DOGS - KITTY GALORE

daily: 4:00 - 6:00

matinee: 12:00 - 2:00

late show:

##### SCOTT PILGRIM VS THE WORLD

daily: 5:45 - 8:30

matinee: 12:15 - 3:00

late show: 11:00

##### CHARLIE ST. CLOUD

daily: 6:00 - 8:30

matinee: 1:00 - 3:30

late show: 11:00

##### GROWN UPS

daily: 12:00 - 2:30

late show:

##### DESPICABLE ME 3D

daily: 5:15

matinee: 12:45 - 3:00

late show:

##### SALT

daily: 5:15 - 7:30 - 9:45

matinee:

late show: 12:00

##### THE OTHER GUYS

daily: 4:00 - 6:30 - 9:00

matinee: 1:30

late show: 11:45

##### STEP UP 3D

daily: 7:30 - 9:45

matinee:

late show: 12:00

##### INCEPTION

daily: 8:00

matinee:

late show: 11:15

## Science/Tech

### Roxio Creator 2011 adds 3D

Forget about Avatar in 3D -- thanks to software maker Roxio, now your home movies can feature grandma, the kids, and all your friends in eye-popping 3D. Roxio announced Tuesday the latest versions of its all-in-one media software suite, Creator 2011 and Creator Pro 2011.

Included in the new software rollout is the capability to create, edit, and share 3D photos and video. You can also use Creator to transform your regular 2D images and movies into 3D creations, according to Roxio.

Creator 2011 is designed to work with most 3D systems such as 3D-enabled cameras, HDTVs and computer displays. If you don't have a fancy 3D system, Roxio has included a pair of standard red-and-blue 3D glasses so that at least one person in your house can take advantage of Creator's 3D goodness. Creator 2011 also includes instructions on how to create 3D images using your old 2D camera equipment.

#### Creator 2011 Specs

As of Tuesday, you can purchase Creator 2011 from Roxio's Website, and the vendor says the software suite will be on store shelves by early September. The standard version costs \$100 and Creator Pro 2011 will set you back \$130, but Roxio offers a \$20 mail-in rebate for Creator at Roxio.com. Creator 2011 is available for Windows 7, Vista, and XP (SP2 or SP3) users. See Roxio's Website for specific system requirements.

Roxio's Creator is a multi-purpose software suite that lets you edit images and video, as well as burn CDs, DVDs, and Blu-ray discs (Pro version only). You can also use Creator to upload videos directly to YouTube including 3D videos.

If you plan to use Creator to create the next Avatar, you might be a little disappointed, according to PC World Contributing Editor Harry McCracken. Writing on Technologizer, McCracken says colors in Creator 2011 "looked washed out." But, overall, he says the experience of using Creator 2011 is still fun. You can check out a 3D video McCracken created on YouTube. Just make sure you have your 3D glasses handy.



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## Math equations reveal how fat cells are born

While eating the wrong foods and foregoing exercise no doubt play a role in the amount of fat that accumulates around your waistline, scientists still don't know exactly how new fat cells form.

But using mathematics, researchers have now come up with a few predictions about what influences the process.

Their new study sheds light on why preadipocytes, or pre-fat cells, that are present in adults, either lie dormant, copy themselves or turn into fat. The findings eventually could lead to a way to freeze these early cells in their current state before they can ever become the basis of fat tissue, the researchers say.

The scientist examined how interactions between different proteins in the body affect the birth of fat cells.

"Obesity is certainly related to the types and amounts of foods people consume. But how the body responds to this can differ from one person to another, and could be related to some abnormalities in these protein interactions," said study researcher Huseyin Coskun, of Ohio State University. "The amount consumed may not be the only reason behind obesity. With this study, we started to understand how protein levels and complex molecular interactions in the body may influence the development of fat cells."

#### Math models

Every human body needs fat to store and produce energy, but in excess, the tissue made up of fat cells begins to secrete molecules that send out complicated signals. This process can lead to inflammation, which has been linked to asthma and other conditions, and contributes to the development of other diseases, such as diabetes.

The scientists focused on three proteins that are known

to have an impact on the fate of preadipocytes - one protein that influences inflammation (NF-kB); another that drives the creation of fat cells (PPAR-gamma); and a third that is involved in the proliferation, or copying, of almost all cells in the body (cyclin D).

Using a series of equations, the researchers determined how the interactions among these three proteins would likely affect what happens to pre-fat cells, including conditions most associated with quiescence, or keeping those preadipocytes from turning into fat.

"The three target proteins of this initial model are the most commonly studied, but their mutual relationships in relation to the creation of fat cells are still not well-known, so we are putting their roles together to see how they contribute to fat cell determination for the first time, as far as we know, in the literature," Coskun said.

#### Sleeping fat cells

The researchers also looked at how two other substances affect the target proteins: a protein called Ikb, which inhibits the inflammatory NF-kB protein, and the concentration of a chemical stimulant, called a mitogen, that stimulates production of cyclin D.

According to the model, if the level of Ikb is high and the level of the cyclin D stimulant is low, the pre-fat cells remain dormant.

"A potential benefit of figuring out this process is to see how we could manipulate certain parameters to arrest cells in this quiescent region, and that could have an effect on obesity," Coskun said.

He noted that more experiments are needed to further test the model, which also could be expanded to add more proteins to the equations.



**CATS & DOGS (2010) (MATINEE) -** In THE AGE-OLD BATTLE BETWEEN CATS AND DOGS, ONE CRAZED FELINE HAS TAKEN THINGS A PAW TOO FAR. KITTY GALORE, FORMERLY AN AGENT FOR CAT SPY ORGANIZATION MEOWS, HAS GONE ROGUE AND HATCHED A DIABOLICAL PLAN TO NOT ONLY BRING HER CANINE ENEMIES TO HEEL, BUT TAKE DOWN HER FORMER KITTY COMRADES AND MAKE THE WORLD HER SCRATCHING POST. FACED WITH THIS UNPRECEDENTED THREAT, CATS AND DOGS WILL BE FORCED TO JOIN FORCES FOR THE FIRST TIME IN HISTORY IN AN UNLIKELY ALLIANCE TO SAVE THEMSELVES - AND THEIR HUMANS.



## HEALTH - LIVING

## Aruba's Aloe Vera



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Aruba Aloe Vera actually all about and why should we use it for our skin care?

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Aruba Aloe has a complete product line with Body care, Hair care and Sun care products that contain Aloe Vera Gel which is freshly processed at the site of the Aruba Aloe fields. The products are available at most supermarkets, hotels, pharmacies and at the three Aruba Aloe stores located at their Hato Factory, the Paseo Herencia shopping mall & the Renaissance shopping mall.

Want to see how the Aruba Aloe is being processed? Visit the Aruba Aloe Factory & Museum! Call 588-3222 for more information.

## Vitamin D may influence genes for cancer, autoimmune disease

Scientists have discovered a link between vitamin D and genes related to autoimmune diseases and cancer.

The finding may explain why vitamin D deficiency is a risk factor for a number of serious illnesses, including multiple sclerosis, type 1 diabetes and rheumatoid arthritis, according to researchers from the United Kingdom and Canada.

In the study, Sreeram Ramagopalan of Oxford University and colleagues noted there is a growing amount of evidence that vitamin D deficiency is a risk factor for a wide range of diseases, but it's not known exactly how vitamin D is involved. It has been suspected that genetics may contribute to this connection.

Vitamin D has an effect on genes through the vitamin D receptor, which binds to specific locations on the human genome to influence gene expression (the process by which a gene's information is

converted into the structures operating in a cell). In this study, the researchers mapped sites of vitamin D receptor binding -- information that can be used to identify disease-related genes that might be influenced by vitamin D.

The investigators found that vitamin D receptor binding is significantly enhanced in regions of the human genome associated with several common autoimmune diseases, such as multiple sclerosis, type 1 diabetes and Crohn's disease, and in regions associated with cancers such as leukemia and colorectal cancer.

The findings, highlight the serious risks associated with vitamin D deficiency, especially for people who may be genetically predisposed to be sensitive to vitamin D deficiency.

People should consume between 200 and 600 international units of vitamin D daily, according to a U.S. Institute of Medicine guideline,

and the American Academy of Pediatrics recommends 400 international units daily. The U.S. guideline is currently under review, and many experts have called for an increase in the recommended intake levels.

Exposure to sunlight triggers the body to naturally produce vitamin D, although it can be hard to get enough in some regions during certain parts of the year. Vitamin D is also found in certain foods, such as fish, cheese, egg yolks and fortified milk and breakfast cereals.

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## Tip: Diabetics Should Eat on Schedule

If you've got diabetes, staying on a regular eating schedule will help you maintain better glucose control.

\* Schedule meal plans at your normal eating times.

Make a restaurant reservation to avoid waiting in a long line for a table.

\* Before you order, find out if the meal you want takes extra time to prepare.

\* If you do have to eat later than usual, eat a fruit or starch serving in advance at your normal meal time.

\* If you're eating dinner very late, eat your bedtime snack at the usual dinner time. Make any insulin adjustments, as needed.





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More than just shopping



# Scandinavian press visits Aruba



Recently, Aruba received the pleasant visit of some press members from Scandinavia.

The group consisted of 4 journalists: Mr. Tom Vestreng of the Dagsavisen magazine, Mr. Per Henriksen of Reise-liv, Mr. Knut-Christian Moeng of Mann magazine and Mrs. Johanna Stenius of Direct Press magazine. The goal of this visit was to promote Aruba on the Norway, Denmark and Sweden market. Their commentaries were very interesting, showing that Aruba has a lot to offer to the East Europe tourist.

Hosts for the VIP group

were Aruba Tourism Authority (ATA) associates Mandy Lopez and Ricardo Croes who set up a very interesting program for the visitors. They visited various tourist attractions and restaurants on our island. ATA representative in Scandinavia, Mr. Martijn Balzer was also present during the interesting excursion.

Photos show the Scandinavian press members enjoying their sightseeing tour. A special 'thank you' goes to management of host hotel, Manchebo Beach Resort, who provided lodging for the Scandinavian visitors.

Located in the Costa Linda parking lot.



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## Juliana Kelly is the happy winner of a ticket to New York

Many prizes given away during the launching of Aruba's new marketing image

ORANJESTAD – As a prelude of the launching of Aruba's new marketing image, the Aruba government together with MAMBO held a campaign where customers buying in the businesses in the main street can participate in a raffle with the chance to win many attractive prizes. During the launching event, held last week Friday, the different winners were picked out.

The grand prize – a ticket for two to New York - went to Juliana Kelly of Rooi Prikichi #2. Second prize, an ipad, went to E.J. "Papito" Comenencia of Wajaca #38, while Bernadette Schouten of Pavia # 126 won the third prize, a Net-Book.

Besides that other prizes were also raffled by different businesses and went to the fol-

lowing persons.

Sandriman C. of Pos Chiquito 213A - Check Point Color, Yzra Thiel of Bloemond 17 - Totto Fashion, Andriani Moebin of Paramira 36 - 660-i, Alfredo Doornkamp of AV. Milo Croes 38B - Wulfsen & Wulfsen, Maria Rodriguez of Bushiri 484 and Marino Ofanez of Koyari 16B an Afls.250 voucher by Aruba Bank N.V., Xiomara Ras of Hooiberg 70A - Beya, Vanessa Marchena of Cabuyastr. 10, Ponton - The Sting, Y. J. Pena and Jo-Ann Croes - Digicel, Jazmina a CMB Afl.250 voucher - Emilee Geerman - Maggy's, Raul Schwengle - Aruba Trading, Mildred Caster - a dinner voucher at Drift Wood Restaurant, Jarvis Larmonie - Maggy's, Iris Lopez and Diana Hazel - Coffee

Break, "O roppa" of La Cabana 232C and Tromp of Bubali 74B - Penha, Harms, C.F.M. 23 - Botica del Pueblo, Barbara Vrolijk - Ecco, Yolina B. Toloza, Ethlyne Lacle and Alydria Wever - De Witt Stores, Melania Benilez and Elvia Lim-Apo of Monserat 25 - Tieleman, Maria Kelly and Marly Wever - Aargee Fashion, Francia V., of Dakota - Palais Oriental, M. Laing of Caya Solois - Amito and Yolanda Everon of Kudawecha 34 - Packa Ruchi.

All winners who have not claimed their prizes on Friday night, can still do so at Tera Group, situated in the Zoutmanstraat #33, between The Grill House Restaurant and the Social Affairs offices.

A valid ID is a must to claim prizes.



## COMICS

## PICKLES



## MOMMA



## CALVIN and HOBBS



## CROSSWORD

## ACROSS

1. Roe source
5. Rum cakes
10. Israeli statesman
14. Had on
15. Soap plant
16. Ballet skirt
17. "\_\_\_ Karenina"
18. Navigators Islands
19. Helper: abbr.
20. VP under Ronald W. Reagan
23. "\_\_\_ Bosken"
24. NT book: abbr.
25. Portal
27. Involves in strife
32. Lexicographer Webster
33. Mrs. Hoover
34. Bend over
36. Attracts
39. Greenish pear
41. Wise lawgiver
43. Sound repetition
44. Musketeer
46. Yarns
48. Kith and \_\_\_
49. Oodles
51. Down-to-earth people
53. High ecclesiastic

## DOWN

56. Highland headgear
57. Turmeric
58. Arrowwood
64. Gymnast Korb
66. Mountain ridge
67. Fencer's sword
68. Ibn \_\_\_
69. Wanders
70. Author Keen
71. Ogles
72. English streetcars
73. Crisp cookie
1. Booty
2. Whet
3. River through Pisa
4. More precious
5. Diamond singles
6. Asian nurse
7. Aerosol can
8. Audibly
9. Time of year
10. Greek letter
11. Cuts through undergrowth
12. Confused
13. Ridiculous
21. Mail centers: abbr.
22. Robin \_\_\_
26. Scarce
27. Exile island
28. Debatable
29. Amateurish
30. Booty

## 31. Of the sun

35. Native of Warsaw

37. Modicum

38. "\_\_\_ and Lovers"

40. Unperturbed

42. Order

45. Wild guess

47. Smelting dross

50. Confederate general J.E.B. \_\_\_

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## • LANDSCAPING •

52. Plants firmly

53. Ordinary writing

54. Team race

55. Mistake

59. River through St. Petersburg

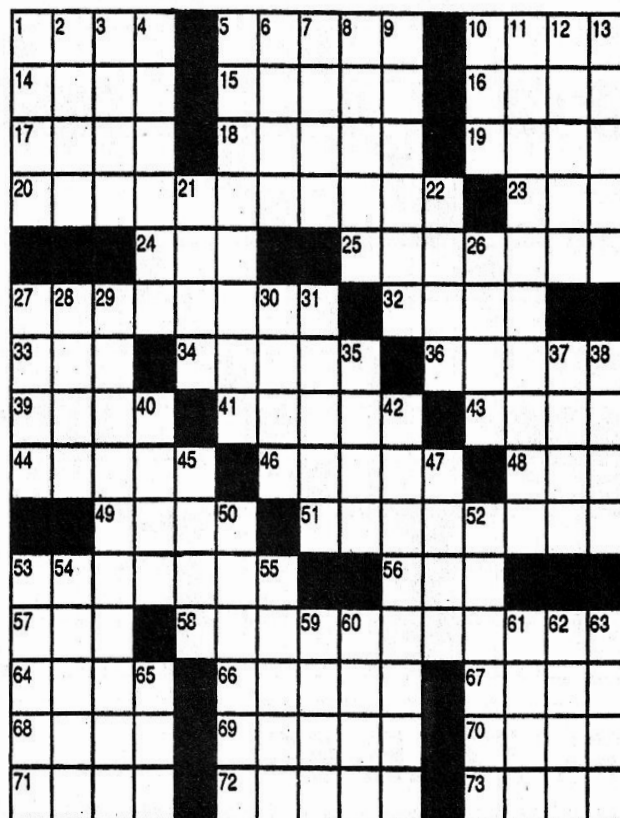
60. Columnist's entry

61. Atop

62. Antitoxin

63. Pile

65. Classified notices



# BOTICA

## DRUG STORES OPEN AFTER HOURS

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## INFORMATION

Telephone 118

## Twelve Step Meetings

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## Fellowship Clinic S.N.

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and Drug Addiction

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## SOS TELEAYUDO SOS

Telephone Helpline

583-1190

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Fri.-Sun. 9 p.m.-2 a.m.

## CAS MARIE

Alzheimer's Day

Care Center

Tel: 5696910

## Important Telephone Numbers

## HOSPITAL

Horacio Oduber Hospital

Tel. 587-4300

## EMERGENCY

Telephone 911

## POLICE HDQS

Telephone 100

## TAXI

C.V. TAS

587-1998, 587-5900

In Oranjestad:

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582-5447

In San Nicolas

Tel. 584-5160, 584-6602

professional taxi services

Tel. 588-0035

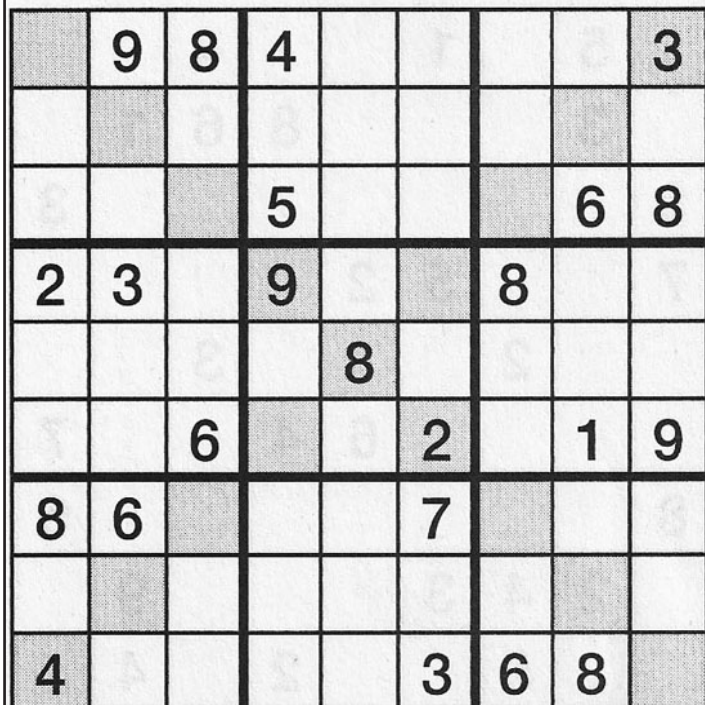
## Al Anon Meetings

Mondays 6-7pm

Sabana Liber 8 in Noord

Tel: 5673356 / 5838989

## Sudoku



## SOLUTION

1	8	9	5	2	6	7	4	3
9	7	6	4	9	8	1	2	5
2	5	7	1	6	1	9	9	8
6	1	5	2	7	1	9	8	9
9	7	2	9	8	5	1	1	6
1	9	8	9	1	6	4	5	2
8	9	1	6	2	9	5	4	7
4	6	7	8	5	9	2	9	1
5	2	9	1	7	4	8	6	9

Complete the grid so that every row and every column contains the numbers 1 through 9. A number is Never repeated in a row or column. In addition every rectangle must contain the numbers 1 through 9.



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# How to write attention-grabbing, money making free reports -part 4-

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitude.

Here goes the example I promised you.

As I write about it, you need to massage it to fit your particular situation.

Those of you who have purchased my book, "How to get Customers to Call, Buy and Beg for More," have read about a guy named Wayne, who over the years I've given more ideas to help him in his business, then I care to shake a stick at.

Anyway, Wayne owns a Deli. When Wayne started out, his Deli was just like any other neighborhood Deli.

What Wayne has done is to not only own a normal neighborhood Deli, but he has expanded it to be a national Deli.

In this tip I'm going to use

my friend Wayne as an example of what can be done in reports.

The way that Wayne has expanded his deli is by adding on other types of needs that his customers are spending money on somewhere else.

So this is what Wayne did. He started a catering business. Why? He has the food doesn't he, so what better complimentary business to create.

He's into gift baskets, gourmet foods, wines that sometimes sell for \$20,000 a bottle. Wow. I don't know, but I sure wouldn't pay that much for a bottle of wine.

But Wayne has created a niche group of customers who are looking for the hard to find wines of the world.

Wayne has also added fresh cut meats, ready to cook meals, and also a hard-to-get "whatever" section where his customers ask him for a specific item that they cannot get anywhere nearby, and he does it.

Wow. What a way to create a bond with a customer---helping them and profiting at the same time.

Let's see how a report can work in each of these areas of Wayne's business.

Catering...

Wayne can do a report on, "The five questions you have to ask a caterer, before your party, that they don't want you to know about."

Can you imagine if Wayne did this, and tied it into his Yellow page ad that he has under Caterers, and follows the concepts in my book about the Yellow Pages?

In fact, Wayne once men-

tioned to me that he goes into my book at least once a week, and I said to him, "What does the book look like?"

He said it looked 100 years old.

That's what I like to hear, and it is a gratifying feeling when someone says that about a product of yours or mine.

Anyway, this report can be used to sell via the Internet, classifieds, etc.

In this situation it is used to generate more and more potential customers and turn them into repeat customers, whose lifetime value is enormous.

How about this idea...

Wayne could sell the report in bulk to the various providers of the food that is used by a caterer.

Think of other businesses that will purchase this report in bulk.

How about Banks, for their customers, gas stations, restaurants, and believe it or not, funeral directors could give the reports out to the family of a deceased, as they normally have a family gathering after the burial that is catered.

Yikes. Now that's really thinking out of the tunnel.

Ok. That's it for this tip. In the next tip, I'll be continuing on giving you more ideas on how you can make a fortune with reports.

So see you on the next tip.

Ken Varga

Ph: 888-682-2596;  
 Fax: 888-682-2597  
 Email: ken@kenvarga.com  
 Website: www.kenvarga.com

# European stocks close sharply lower after weak US data

LONDON, England (AFP) - European stock markets closed sharply lower yesterday after a much worse than expected US home sales report hit investors already nervous over the US and global economic outlook.

Dealers said the markets have been on the slide for several weeks on fears the economic recovery is in trouble and the latest data showing existing US home sales plunged 27.2 percent in July to a 11-year low only added to worries.

Sales had been expected to fall around 12 percent and prospects remain clouded for the US housing market, they said, adding that until stability returns there can be little hope of gains in jobs and confidence.

In London, the FTSE 100

index of leading shares closed down 1.51 percent at 5,155.95 points. In Paris, the CAC 40 lost 1.75 percent at 3,491.11 points and in Frankfurt the DAX dropped 1.26 percent at 5,935.44 points.

Sharp gains in the yen to 15-year highs against the dollar and continued heavy purchases of bonds also showed investors increasingly looking to get into safer assets amid growing doubts over the recovery, dealers said.

Bond yields were at record lows around 2.16 percent for the European benchmark 10-year German bonds in afternoon trade, showing how investors were prepared to accept very low returns in exchange for safety in troubled times.

A recent burst of takeover

activity has helped the markets, providing several leads, but they serve only for a while until the underlying concerns come through again, they added.

"Equity markets are still nervous as investors factor in increasing signs of an economic slowdown in the United States," said VTB Capital analyst Neil MacKinnon.

"In the near-term, there is the risk of further slippage in equity markets which can test the May/June lows," MacKinnon said.

Nigel Gault, chief US economist for IHS Global Insight, said the US home sales figures showed "no sign of any underlying recovery despite rock-bottom interest rates."

In New York, the blue-chip Dow Jones Industrial Average

was down 0.78 percent at around 1600 GMT while the tech-rich Nasdaq Composite lost 0.85 percent.

Dealers said that after the dire home sales, investors were bracing for Friday's revised second quarter growth figures, expected to be cut from the initial 2.4 percent to 1.4 percent, even more sharply down from 3.7 percent in the first quarter.

Elsewhere in Europe, Amsterdam fell 1.62 percent, Brussels lost 1.32 percent, Madrid was down 1.65 percent, Milan shed 1.58 percent and Swiss stocks dropped 1.05 percent.

In Asian trade earlier yesterday, Tokyo lost 1.33 percent to a 15-month low as investors were spooked by the government's apparent unwillingness to intervene and push down the yen whose rise to 15-year

highs is punishing exporters.

The dollar slumped to levels below 84 yen, last seen in mid-1995, sparking panic and calls for action.

Hong Kong dropped 1.10 percent and Sydney fell 1.08 percent but Shanghai rose 0.41 percent.

## YESTERDAY'S Crossword Answer

### PUZZLE 58

L	A	M	B	N	O	N	C	E	M	A	A	S
A	L	E	E	A	D	O	R	N	A	L	T	O
M	A	S	T	R	E	B	U	S	N	O	O	N
A	N	S	V	E	R	S	S	L	I	D	E	R
E	R	A										
R	E	L	E	N	T	S	O	V	A	T	I	O
O	V	E	N	E	L	A	T	E	E	R	L	E
G	A	G		I	N	T						
E	D	A	M	A	C	T	E	D	S	T	E	T
R	E	L	I	E	V	E						
S	T	E										
P	R	E	S	E	N	T						
R	A	N	I		G	R	E	T	A		T	O
O	N	T	O		E	A	T	E	R		C	L
A	D	E	N		S	P	A	N	S		H	E



## Great steaks are a family tradition at El Gaucho Restaurant



Aruba's longest established and most popular Argentinean steakhouse, El Gaucho, is still going strong after 33 successful years. Two-time winner of the prestigious Wine Spectator Award of Excellence, the restaurant proudly displays the numerous accolades it has received from other such notable wine and food societies as Chaîne des Rôtisseurs, as well as coveted awards for excellence such as the Worldwide Marketing Organization of Mexico, Golden Trophy for Quality Award of Excellence from France, Arch of Europe for Quality from Business Initiative Directions of Germany and International Award for Tourism, Hotel and Catering Industry from Spain.

land visitor where they go for a great steak, you will find most frequently their #1 choice will be The Gaucho Steak; a generous portion of prime tenderloin, charcoal-grilled to perfection. El Gaucho Restaurant also boasts the biggest shishkebab in the Caribbean, as well as a varied menu of fresh local fish and seafood, and everyone's favorite cut of steak and ribs.

2009 has brought some welcome changes; an expanded food and wine menu and the restaurant is now open on Sundays. A variety of lamb and veal dishes now garnish the menu, as well as a hearty 20-oz rib eye to satisfy your appetite.

El Gaucho Restaurant is open for lunch and dinner



Recognized around the world for its quality of service and cuisine, El Gaucho's heartiest applause comes from its loyal clientele, who recommend the restaurant to friends and family with complete confidence in their satisfaction.

When asking a frequent is-

Monday through Saturday from 11:30 a.m. until 11:00 p.m., and on Sunday from 5:30 p.m.. Visit their online guestbook at [www.elgaucho-aruba.com](http://www.elgaucho-aruba.com), and peruse the glorious praise their receive from their devoted fans, as well as the updated menu.

## Gold Coast Aruba: This is the time to invest

Managers of Gold Coast Aruba, the island's newest and most innovative gated community, report that sales are picking up nicely as the global economy begins to recover and those with a bit of disposal income are looking to invest in a sure thing. Gold Coast Directing Manager Fito Croes has noticed a surprising percentage of owners are barely using the villas or town homes they purchase, but taking advantage of Gold Coast's rental services to turn their investment into ready income.

"The greater portion of home owners are using their 'home away from home' in Aruba to escape the winter months, or spend holidays with the family on the island," he remarked, "but I am gratified by how many are buying because they felt secure with real estate investment on Aruba. They really study the history and economy of the island and



ally want in a permanent residence on Aruba, and took from there."

Input from frequent vacationers who dreamed of their own home in Aruba will eventually be a community of 260 town homes, villas and condominiums with a stunning clubhouse complemented by two additional pools decks, one of which has been open for a year, the other will be ready for the holidays 2010. They expect

advantage of the management association's rental service. There is always a great demand for Aruba and facilities such as those at Gold Coast, making it easy for some owners to earn their mortgage payments or others to see an immediate return on their investment.

The design of the structures is open, airy and spacious, fully deploying the island environment, with the finest quality construction and finishing available. Partnering with two of Aruba's top providers of kitchens and bathrooms enables developers to offer custom options for clients, so buyers can individualize their homes. An elegant and chic standard package is available, or island designers will assist owners in finishing the décor to their specific tastes.

There are many aspects to purchasing property; not the least is the future value of the investment. To further enhance this, Gold Coast managers have inaugurated a number of in-house services and are now negotiating with Interval International to provide a huge international pool for investors to tap for renters either short or long term. Property exchange for a vacation in another destination will also be available. Gold Coast's own rental services have also proven highly successful in assisting owners in renting their villas; 24-hour security and maintenance services also tip the scales when it is time to make a decision. Aside from all this, housekeeping, babysitting and catering services are also available for community members as well as airport pick-up and drop-off and pre-shopping services so cupboards and refrigerators are stocked upon arrival, which can all be arranged through their home management department.

Visit their website: [www.goldcoastaruba.com](http://www.goldcoastaruba.com) for more details and availability or call 586-2200 to arrange a personal tour.



are impressed with the political stability and continually increasing value of prime locations. Gold Coast is in the heart of Malmok, considered Aruba's most exclusive community; in this area, the value of properties has only increased over time. It is minutes to the best beaches and all the action, and yet offers a quiet and secluded getaway; we are very pleased by the response to our concept."

Fito, with his sister Mayrin and brother Rudy run Cas Bon, which has been constructing homes and building developments for all budgets for nearly twenty years. "Gold Coast Aruba is the jewel in our crown," observes Fito. "We were very excited about this project; the scope and amenities. We talked to countless island visitors to find out what they would re-

the clubhouse to be ready for the community with a workout room and spectacular facilities by the end of 2011. It will also house a restaurant and mini-market.

Owners who purchased upon the groundbreaking only a few short years ago, are already enjoying a nearly 50% appreciation on their investment, particularly those taking





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Published Monday thru Saturday

## Giant Chinese 'Michelin baby' startles doctors



BEIJING, China (AFP) - Doctors in central China are puzzling over a 10-month-old baby boy who weighs 20 kilos (44 lbs) -- about as much as a normal child of six years -- but is otherwise healthy, state media reported.

The infant, whose name was not given, was brought to a children's hospital in the Hunan provincial capital of Changsha earlier this month with a fever, the China News Service said.

Doctors were startled at the child's enormous size, which his parents attributed to him spending his days either breast-feeding or sleeping.

A photo posted on Hunan news website rednet.cn showed an obese child sitting in a crib and playing with a toy as he smiled happily at

the camera.

The website described him as a "Michelin baby," after the familiar mascot of the Michelin tire company.

It said the child's cheeks resembled "two plump cuts of meat, like a mouth filled with two small balloons," while his arms and legs resembled "stacked hula hoops of fat."

Doctors told the China News Service they could find no medical reason for his extreme size. But they said the child embodies the country's growing obesity problem, and warned parents to guard against excessive weight gain by their children, lest it lead to health problems.

Chinese waistlines are expanding rapidly as the nation develops, a problem blamed on richer diets and the increasingly sedentary lifestyles that come with growing affluence.

There are more than 60 million obese people in China, and another 200 million who are overweight, according to a Chinese health ministry statement.

Children are at special risk, according to previous reports that blame an education system in which students must spend long hours studying for high-stakes school exams, discouraging outdoor play.

## Branson forced to abandon English Channel kitesurf attempt

DUNGENESS, England (AFP) - British tycoon adventurer Richard Branson was forced to abandon a bid to kitesurf across the English Channel yesterday due to rough seas and high winds, a spokesman said.

The entrepreneur, who was attempting the stunt to mark turning 60 last month, had travelled five miles (eight kilometers) out to sea from Dungeness in southeast England when his support boats were forced to turn back.

Without the support team, Branson and his fellow kitesurfers, including his children, Holly and Sam, and other relatives and friends, could not continue their attempt to reach the northern French port of Boulogne.

Branson said: "It was fantastic conditions for kiting but hellish conditions for the chase boats. The boats could not have done it and it's too dangerous for the kites to continue without them."

"We knew when we set off there was a risk of that."

He added: "We had a big argument with the boats as we did want to carry on, but in the end sense prevailed."

Branson was about one hour and ten minutes into a 24.4-mile (39.3-kilometer)



Richard Branson (second left), poses for a photograph with son Sam (left), daughter Holly (right), and nephew Ivo.

crossing expected to take about four hours when it was aborted.

He vowed to make another attempt today, when conditions are expected to be better.

He said: "I don't think I've ever done an adventure where I've succeeded the first time. I'm looking forward to getting the job done tomorrow."

Branson, owner of the Virgin Atlantic airline and

founder of an empire encompassing trains, media interests and financial services, hopes to become the oldest person to cross the Channel on a kitesurf and to make the fastest crossing by a kitesurf team.

In kitesurfing, or kiteboarding as it is also known, the rider is pulled through the waves on a surfboard, propelled by a large controllable kite.

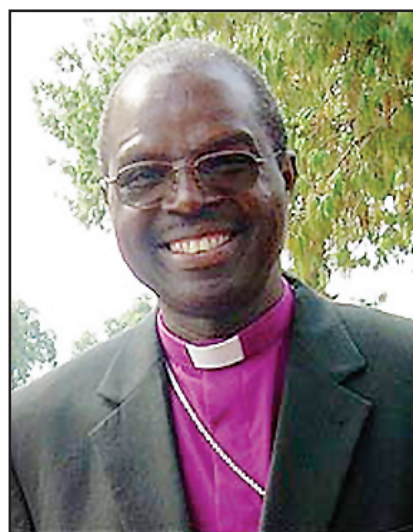
## African bishops: Anglicans in West strayed from God

ENTEBBE, Uganda (AFP) - The Anglican church in the West no longer adheres to the word of God, African bishops said Tuesday at a continental conference attended by the Archbishop of Canterbury.

Rowan Williams, the head of the world-wide Anglican Communion, has been criticised by some African church leaders for his tolerant stance on homosexuality.

"Today, the West is lacking obedience to the word of God," Reverend Ian Ernest of Mauritius, the head of the Council of Anglican Provinces in Africa, told journalists. "It is for us (Africans) to redress the situation," he said, adding that he has severed all ties to the Episcopalian churches in Canada and the US that have allowed gays to enter the clergy.

The conference host, the Archbishop of Uganda Henry



Henry Luke Orombi

Luke Orombi, said African leaders would use the six-day meeting to voice the concerns about the "ailing church" to Williams.

"Homosexuality is incompatible with the word of God," Orombi said. "It is good that Archbishop Rowan is here. We are going to express to him where we stand."

We are going to explain where our pains are."

Orombi also said that disputes over homosexuality had already divided the global Anglican community. "There is already a break. It doesn't need to be announced. It is in the way people act," he said.

Williams delivered a sermon yesterday during the opening of the meeting, the first of its kind since 2004. While he did not mention homosexuality, he said it was the duty of all bishops to be open minded on contentious issues.

"We must learn to listen to those we lead and serve to find out what their hopes and needs and confusions are. We must love them and attend to their humanity in all its diversity," he said. "We cannot assume we always know better and that we always have the right answer to any specific question."



## Golfing star Woods hopes darkest days are behind him



LOS ANGELES (AFP) - Now that Tiger Woods has officially ended his six-year marriage, the golfing superstar is hoping the settlement will help him snap the downward spiral which has engulfed his life and golf game.

Woods, who earned an estimated 118 million dollars last year in prize money and endorsements, and Swedish model Elin Nordegren announced Monday they have divorced following his November sex scandal.

The divorce comes as the father of two tries to get some sense of normality back into his personal life and rekindle his once mighty golf game.

His golf is in disarray after a disappointing tie for 28th at the PGA Championship in Sheboygan, Wisconsin.

The Wisconsin result came just one week after the worst performance of his career when he finished second to last at the World Golf Championships-Bridgestone Invitational. Woods is without a win so far in 2010 and without a grand slam victory in the past two years.

His last victory was in Australia in November, two weeks before he smashed his car into a tree and a fire hydrant outside his luxury Florida home, sparking a se-

ries of scandalous revelations that doomed his marriage and put his game in freefall.

Court documents said the Woods and Nordegren were divorcing because the marriage was "irretrievably broken." The couple said Monday they would share parenting of the couple's two young children, Sam Alexis, born in 2007, and Charlie Axel, born in February of last year.

Woods spoke between rounds at the PGA Championship of how his life has changed since the crash nine months ago and how he plans to move forward without some of the people that have been part of his close circle.

"I have (learned) more so as a person than as a golfer," he said. "I learned an awful lot about my true friends in life and people that I know will be in my life forever."

Woods also commented on how the sex scandal sparked a media frenzy -- the price of his power and fame.

"I don't have paparazzi camped out in front of the house, hotel, helicopters flying over the range," he said. "At the time, that was happening every day. They were following my kids everywhere they went. Taking photographs of everything they were doing. That was very

tough. But that hasn't been the case of late. As I said, to me that's a sign that it's headed towards normalizing."

Long seen as an ambassador to a new generation of golfers, Woods's previous clean-cut image had earned him record sponsorship deals and a place in the select pantheon of globally-known sports stars.

That image has been decimated in recent months, as a string of women, including a porn star, a cocktail waitress and a Las Vegas club manager were romantically linked to Woods.

Rumors quickly surfaced that the crash had followed an argument with his wife over an affair with New York club hostess Rachel Uchitel, which had earlier been reported in the American press.

Before that, his career had looked on course to break some of the most coveted records in sport and golfing history.

According to Forbes business magazine, he was the first athlete to have broken through the billion dollars earnings mark.

Aged just 25, he became the first man to win the US Open, the British Open, the USPGA and the Masters on a roll to make him the first simultaneous holder of all four major championship titles at the same time.

Born in Cypress, California on December 30, 1975, Tiger Woods is the son of Earl Woods, a lieutenant-colonel in the US Army, and a Thailand mother Kultida.

His parents christened him Eldrick, but his deceased father nicknamed him Tiger in honor of a Vietnamese soldier who had been a good friend.

As a 71-time US PGA winner with 14 major titles and now in his 15th PGA season, Woods does not have to worry about keeping his tour status as he chases the record 18 major titles of Jack Nicklaus and 82 US PGA titles of Sam Snead.

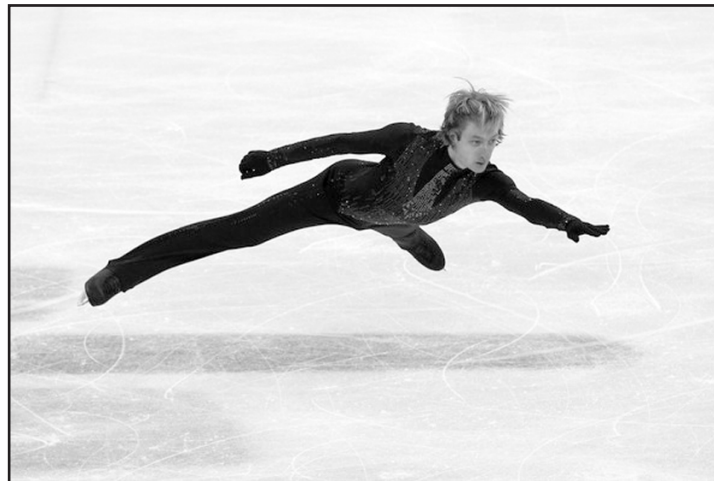
Woods says he has re-embraced Buddhism to help his rehabilitation, having been taught the faith by his mother.

Woods now wears a Buddhist wristband at every golf tournament.

"Life in general, the last nine months has been very difficult," Woods said at the PGA Championship. "But my dad always said 'just keep living.' There were quite a few times I have had to say that to myself."

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## Plushenko has not ruled out Sochi: wife



MOSCOW, Russia (AFP) - Russian figure skating star Yevgeny Plushenko has not ruled out competing at the Sochi Olympics despite being banned by the International Skating Union (ISU), his wife insisted on Tuesday.

The 27-year-old Plushenko was banned in June and did not appeal within the 21 days allowed so the ISU confirmed they were upholding their decision.

Plushenko's wife, producer Yana Rudkovskaya, said that her husband was set to ask ISU to restore his amateur status in the near future.

"Everything will be alright," she said. "Yevgeny is practising and has a strong desire to perform at the Sochi Olympics."

His long-time coach Alexei Mishin, who helped Plushenko to Olympic gold in 2006 and silver in Vancouver this year, said they were not set to launch any legal action against the ISU decision, but were looking at other avenues.

"We do not want to go to the court," Mishin said.

"We decided to choose another way to defend his inter-

ests but we are set to keep it secret until the right time comes."

Russian figure skating federation general manager Valentin Piseyev insisted that the ISU decision was not a final ban for him to compete at Sochi in 2014.

"It depends only on his personal decision, whether he would like to compete further in amateur tournaments," Piseyev said. "In this case he should inform the national federation about his desire."

"The federation will then send the documents to ISU asking for a permission to continue performing in amateur competitions. Only after that can the ISU finalise the decision about a way back in for Plushenko."

He added: "The ISU have still not worked out a decision on Plushenko's participation in 2014 Olympics."

The 27-year-old three-time world and 2006 Olympic champion ran into trouble after pulling out of the world championships in March and then skating in exhibitions without the authorisation of the ISU.

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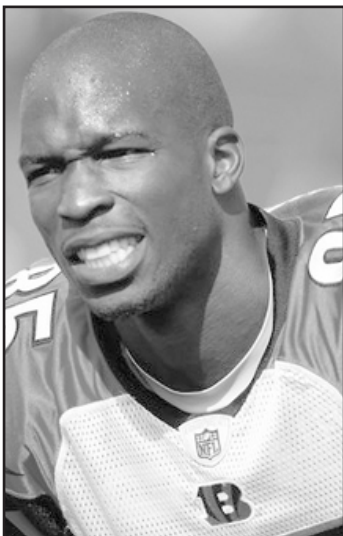
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## Bengals player Ochocinco fined for tweeting



CINCINNATI (AFP) - Cincinnati Bengals wide re-

ceiver Chad Ochocinco has been slapped with a 25,000 dollar fine Tuesday for using his cell phone to post messages on his social networking page during an NFL game.

The league's disciplinary officials said Ochocinco violated league policy by putting messages on his Twitter page too close to kickoff of an exhibition game against the Philadelphia Eagles.

The use of cell phones, computers or other electronic equipment by players is banned 90 minutes before kickoff and until the end of the game.

## Damon's decision: 'I'm not going'

BOSTON -- Beloved by Red Sox Nation while he played with the Red Sox and vilified after leaving to sign with the Yankees, Johnny Damon has decided to remain with the Tigers after the Red Sox claimed him off waivers on Monday afternoon.

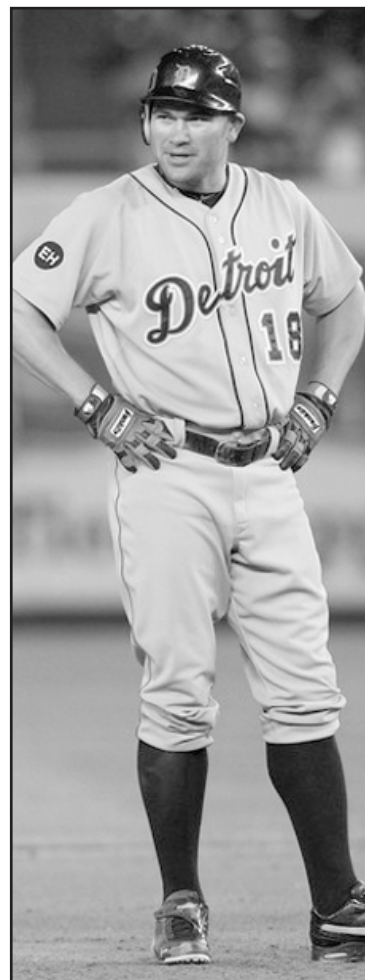
Prior to Tuesday's game, Damon told Detroit media "I'm not going." There were only eight teams Damon could have been traded to without consent -- Boston wasn't one of them -- and he had until Wednesday to approve a deal.

Following the Tigers' 12-3 win over the Royals on Monday night, after first hearing that he'd been claimed by his former team, Damon said he was leaning toward staying in Detroit.

"That's my feeling right now, and I don't want to go home tonight and talk to my agent and talk to everyone who's involved and change my mind. I'm definitely leaning towards staying," Damon told the Detroit media. "That's the fortunate thing, having until 1:30 on Wednesday."

Damon seemed to be agonizing over the decision.

"It's probably as tough of a decision for me to take right now as it was for me to leave Boston for New York," Damon said. "It's something that fortunately we have some time to think about it. At this moment, I'm not sure I want to leave Detroit for that. I enjoy playing here. I enjoy the kids I'm playing for, the coaching staff. But obviously [Red Sox manager Terry] Francona is amazing.



But it's something that I have to think long and hard over."

Even though he said he wanted to stay with the Tigers, Damon also didn't want to stand in the way of a move that might help Detroit down the road. As a free agent, Damon could always re-sign with the Tigers this winter.

"Obviously it's a tough decision, but what's making it easier on me is all the teammates and coaches telling me that they would much rather have me here," Damon said. "And so that's where I'm at

right now. [I] probably still need to talk to [Tigers general manager] Dave [Dombrowski] and see if there's any way it can benefit the team in the future. But what my teammates are telling me is they actually love the fact that I'm here and I'm a great mentor to those guys."

While Damon acknowledged several times that approving a trade back to Boston would be a difficult decision, his former teammates who still remain with the Red Sox would have loved to have gotten him back.

"Oh definitely," said slugger David Ortiz prior to Damon's decision. "That's my boy, you know that. It would be great. Johnny is a fun person to be around and I'm pretty sure he'd be excited to be back, and for all those people that did him wrong, [they] can put that back together and make him forget about the Yankees thing."

With two-thirds of Boston's starting outfield (Jacoby Ellsbury and Mike Cameron) probably out for the season, Damon would have filled an obvious need.

"Johnny's a special player," said catcher Jason Varitek. "He's pushing on Hall of Fame-type numbers. You add that with [the fact that] Johnny's great in the clubhouse, he's great on the field and he's one hell of a teammate."

The Red Sox are 5 1/2 games behind the Yankees and Rays in the American League East and AL Wild Card races.

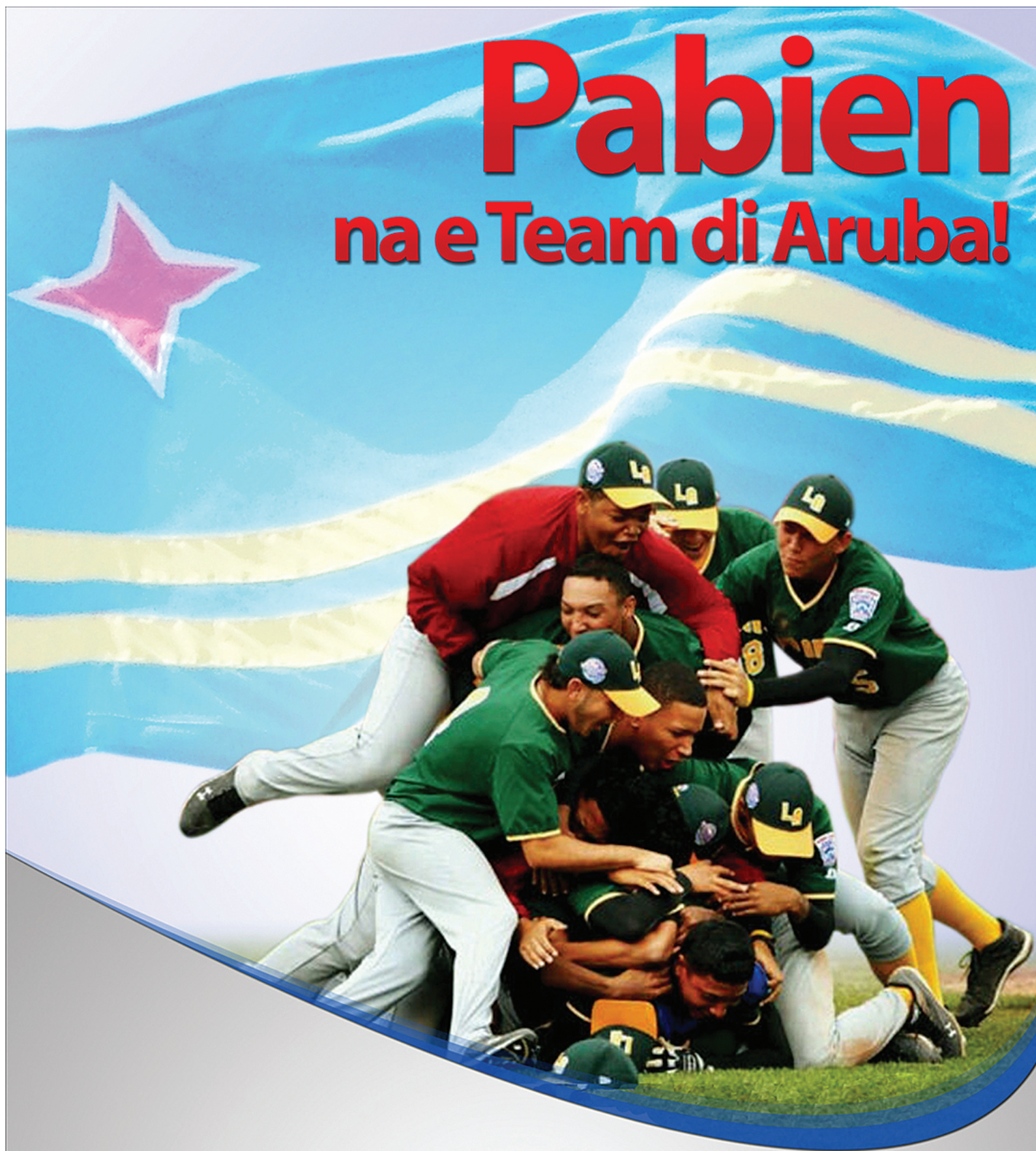


Toronto Blue Jays player John Buck (R) joins kids from Jays Care Rookie League and the Hospital for Sick Children to unveil Jays Care Community Clubhouse at the Rogers Centre this week. Since 1992, Jays Care Foundation has been empowering children and youth in need, inspiring them to make positive choices and helping them realize their dreams by providing access to programs that support physical activity, education, and life-skill development.

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